

## Meals Ideas for Bread of Life

Theme	Menu	Source
Fried Chicken Dinner	<p><b>Main Dish:</b> Baked or fried chicken from Grocery Deli. Buy 2-3pcs/person.</p> <p><b>Side Dishes:</b> Dinner rolls, macaroni, coleslaw, pasta salad, steak fries or mashed potatoes prepared from Grocery Deli. Plan 4-5 oz./person = ~ 6lbs for 25 people</p> <p><b>Salad &amp; Fruit:</b> Bagged salad mix or cut fruit platters from Grocery Store.</p>	<p>Grocery Deli</p> <p><i>Call deli 24-48 hrs. in advance to pre-order.</i></p>
Ciao's Restaurant Italian Night	<p><b>Main Dish:</b> Pasta with marinara. One full tray feeds ~25pp.= \$58</p> <p><b>Ciao's Tossed Garden Salad Tray:</b> Full tray feeds ~25pp = \$35</p> <p><b>Bread:</b> Artesian Rolls 12ct. = \$6 (buy 2pks at Costco), or Hawaiian rolls (Costco 32ct./ \$5.49ea)</p> <p><b>Salad:</b> 1 large bag kale salad or spinach salad (Costco)</p>	<p>Ciao's Italian Restaurant 2015 E. Vista Way, Vista, 92084, Ph:760-630-7333 Full trays feed ~25 <i>Call 24 hrs. in advance to pre-order.</i></p>
Chick Fill A	<p><b>Original Chicken Sandwich:</b> \$4.36/ea. Cost for 25 sandwiches =~\$120 with tax.</p> <p><b>Side Salad:</b> Pick up 2 bags of salad + dressing (Costco/Grocery)</p> <p><b>Other Side:</b> Chips (individual bags/Costco 54ct. for \$16) Or...</p> <p><b>Order the Chick Fil-A Packaged Meal:</b> Includes a chicken sandwich, chips, and cookie. \$7.87per meal.</p>	<p>Chick-Fil-A 3475 Marron Rd. Oceanside 760-576-3128 <i>Order at least 5 hrs. in advance.</i></p>
Chinese Take-out	<p>Vegetable or Fried Rice Party Tray \$20, 1 tray feeds 10 people Meat Party tray (Beef or Chicken) \$30, 1 tray feeds 10 people (Orange Chicken, Teriyaki Chicken, Broccoli Beef are favorites)</p>	<p>Panda Wok 1836 Oceanside Blvd # 101, Oceanside, CA 92054. Frazier Farm Market Center 760-967-3956</p>
Subway	<p>Order "<i>Sandwich of the Day</i>" = \$6.99/ea. Check with BOL for current head count. Example: For 26 people, order 13 foot long sandwiches. Ask that they cut each in half and wrap separately. Ask for must/mayo/salt/pepper on the side. Ask for lettuce, bell peppers, onions, pickles included in sand. Bring a case of water bottles and individually wrapped chips or a fruit platter Cost of sandwiches = ~\$90 + little extra for water and chips/fruit.</p>	<p>Subway 1835 Oceanside Blvd. Suite 103 C Oceanside, CA 92054, Frazier Farms Center 760-967-7827 <i>*Call day-of to order</i></p>
Croissant Sandwich Platters	<p>3-4 Croissant Sandwich Platters. Order ahead from Grocery Deli. Add a fresh Fruit Platter or Spinach Salad. 1lb box of spinach (5 servings each box) Buy three boxes.</p>	<p>Grocery Deli or Costco <i>***Order sandwiches in advance.</i></p>
Costco Food Court or Rotisserie Chicken	<ul style="list-style-type: none"> <li>• <b>Pizza:</b> Costco pizzas are cut into 12 slices. Ask them to cut into 16 pieces because children are more likely to finish smaller pieces. Allow 2-3 slices per person.</li> <li>• <b>Hot Dogs:</b> \$1.50/ea.</li> </ul>	<p>Costco 1755 Hacienda Drive, Vista. 760-631-7255 <i>***Costco doesn't allow pre-orders, so</i></p>

	<ul style="list-style-type: none"> <li>• <b>Rotisserie Chicken:</b> Found in the deli section, available in split halves ~\$5.99 per chicken. Allow 2 pieces of chicken for an adult serving.</li> <li>• <b>Side Salad:</b> Pre-bagged green salad, ready to assemble, plus salad dressing. Or add a fruit platter for a side.</li> </ul> <p><b>Dessert:</b> Tray of cookies or fresh fruit platter</p>	<i>give yourself extra time to order and wait for the pizzas.</i>
Café Rosarito Mexican	They are located on the west side of Frazier Farms, just minutes from BOL. They provide a very reasonable meal at \$4.00 -\$4.50 per serving. Let them know you are providing a meal for BOL and ask for the enchilada, rice and beans meal. Order at least 24-48 hours in advance.	Café Rosarito 1816 Oceanside Blvd # A, Oceanside, CA 92054 (760) 722-6224
L & L Hawaiian Barbeque	They provide large portions at a very reasonable price. Order at least 24-48 hours in advance. Let them know you are providing a meal for BOL and the number of servings needed. They have a variety of party packs.	L&L Hawaiian Barbecue 4225 Oceanside Blvd #E 92056 Rancho Del Oro Center (760) 726-0888
Taco Bell	<p><b>Main Dish:</b> Soft taco party pack = 12 tacos for \$14 Plan to order 3 tacos per person for a standard serving.</p> <p><b>Side Salad:</b> Pre-bagged green salad, ready to assemble, plus salad dressing. Alternatively, fruit platter.</p> <p><b>Desert:</b> Tray of cookies or fresh fruit platter</p>	Order online or call your nearest Taco Bell
Hamburgers & Hot Dogs	Frozen or packaged hamburgers and hotdogs may be cooked on site at BOL's commercial kitchen. If you choose this option, please reserve the kitchen in advance to ensure staff can give you access.	Bread of Life Commercial Kitchen
Fresh Fruits Side Dish Option	Fresh whole fruits such as apples, bananas, oranges, grapes, or a deli-made fruit platter from the grocery store are great options.	Any Grocery Store & Costco
Dessert Options	Commercially made cookie trays, cupcakes, muffins.	Any Grocery Store & Costco
<a href="https://www.ezcater.com/">https://www.ezcater.com/</a>	EzCater.com Order online and have the meal delivered. Choose the date, time and location of delivery. Many restaurant options available. Delivery fees apply.	

## Frequently Asked Questions:

**What's preferred, individually packaged meal or party platters?** Either option is greatly appreciated. The individually packed boxes that can be ordered from some restaurants is a great option.

**How is the food served?** We ask that 4-6 volunteers stay to serve the meal. If you have a larger group (ex. Life Group of 10-12) please have the entire group pitch in for the cost of the food, but only 4-6 are needed to stay due to Covid restrictions. The entire meal service take about 1 hour.

**Why does food have to be commercially prepared?** The California laws state that food may be made in a commercial kitchen which meets food and health safety standards. Examples: any restaurant, Costco, Winco Deli or any other Grocery Store Deli.

**Can food be cooked at home?** No, sorry, it must be cooked in a commercial kitchen.

**Should I bring drinks?** Yes, If possible, bring two (2) cases of water bottles.

**Should I bring dessert?** Cookies and dessert are always a nice treat. Two trays of cookies from Costco are always a favorite, or two large fruit trays for a healthier option.

**What time should dinner be delivered?** Arrive with food by 5:30pm (important!). The meal is served at 6:00pm. Groups will bring the food to the kitchen and follow proper sanitation to serve the meal. An on-site team leader will be available to assist you when you arrive.

**What else does Bread of Life Need?** Donations are always appreciated. There is a great need for 3-compartment Styrofoam takeout boxes, cases of water bottles, individually wrapped chips, and plasticware. Most of these items can be found at Costco.

#### **Kitchen Amenities:**

- **Steam Trays:** There are four steam trays to keep food hot. They do not cook the food but will keep it hot. If you plan to use them, please notify the team leader so they may be pre-heated prior to your arrival.
- **Convection Oven:** The convection oven can be used to cook and re-heat foods. Frozen commercially made meals may be cooked in this oven. Typically, they cook 25% faster than conventional ovens. There are five racks in the oven and plenty of sheet pans for your use. If you plan to use the oven, please notify us so it may be pre-heated for you. Also, you should plan to arrive at least 1-hour early to cook the meal.
- **Grill:** You may bring meat and grill the food on-site. Please allow extra time for this and notify us in advance.
- **Induction Burners:** There will be three burners which can be used to cook or fry items like sausages, bacon, etc.
- **Other Amenities:** Microwave, grill, serving utensils, serving bowls, sheet pans, all paper products, paper plates, paper bowls and plastic ware are available for your use.