

## Meals Ideas for Operation Hope

Theme	Menu	Source
Fried Chicken Dinner	<p><b>Main Dish:</b> Baked or fried chicken from Grocery Deli. Buy 2-3pcs/person.</p> <p><b>Side Dishes:</b> Dinner rolls, macaroni, coleslaw, pasta salad, steak fries or mashed potatoes prepared from Grocery Deli. Plan 4-5 oz./person = ~ 6lbs for 25 people</p> <p><b>Salad &amp; Fruit:</b> Bagged salad mix or cut fruit platters from Grocery Store.</p>	<p>Grocery Deli</p> <p><i>Call deli 24-48 hrs. in advance to pre-order.</i></p>
Ciao's Restaurant Italian Night	<p><b>Main Dish:</b> A full tray of Pasta with marinara. feeds ~25ppl And costs \$58. Add meatballs for an extra fee. Or... A Full Tray of Fettuccini Alfredo with Chicken = \$96.26</p> <p><b>Ciao's Tossed Garden Salad:</b> Full tray feeds ~25pp = \$35</p> <p><b>Bread:</b> Artesian Rolls 12ct. = \$6 (buy 2pks at Costco), or Hawaiian rolls (Costco 32ct./ \$5.49ea)</p> <p><b>Salad:</b> Instead of buying Ciao's salad, buy a few bags of kale salad or spinach salad (Costco or any grocery store)</p>	<p>Ciao's Italian Restaurant 2015 E. Vista Way, Vista, 92084, Ph:760-630-7333 Full trays feed ~25 <i>Call 24 hrs. in advance to pre-order.</i></p>
Chick Fill A	<p><b>Original Chicken Sandwich:</b> \$4.36/ea. Cost for 25 sandwiches =~\$120 with tax.</p> <p><b>Side Salad:</b> Pick up 2 bags of salad + dressing (Costco/Grocery)</p> <p><b>Other Side:</b> Chips (individual bags/Costco 54ct. for \$16) Or...</p> <p><b>Order the Chick Fil-A Packaged Meal:</b> Includes a chicken sandwich, chips, and cookie. \$7.87per meal.</p>	<p>Chick-Fil-A 3475 Marron Rd. Oceanside 760-576-3128 <i>Order at least 5 hrs. in advance.</i></p>
North Park Produce  Greek Party Pack	<p><b>24 Person Combo Meal = \$219</b></p> <p>Shawarma (combination of 2 different kinds) Kabob skewers (beef &amp; chicken) Rice, Salad, Baklava (dessert)</p> <p>Add on a few extra kabobs if you need to feed more people. Call between 8am-2pm. Let them know that the meal is for Operation HOPE, discount available. Order 2 days in advance.</p>	<p>North Park Produce 1952 Hacienda Dr., Vista, 760-631-8434</p>
Chinese Take-out	<p>Vegetable or Fried Rice Party Tray \$20, 1 tray feeds 10 people Meat Party tray (Beef or Chicken) \$30, 1 tray feeds 10 people (Orange Chicken, Teriyaki Chicken, Broccoli Beef are favorites)</p>	<p>Panda Wok 1836 Oceanside Blvd # 101, Oceanside, CA 92054. Frazier Farm Market Center 760-967-3956</p>
Lunch or Sandwich Platters	<p>There is a variety of food on the catering menu. Check the website or store for a full catering menu.</p> <ul style="list-style-type: none"> <li>• Lunch meat platter: \$65/serves 24 (\$2.70/person)</li> <li>• Fruit platter: \$40/serves 24 (\$1.66/person)</li> <li>• Sandwiches: \$6.50/person</li> </ul>	<p>Frazier Farms 225 Vista Village Dr., Vista, 760-758-7175 <i>***Order sandwiches in advance.</i></p>
Subway	<p>Order "Sandwich of the Day" = \$6.99/ea. Check with Opp Hope for current head count. Ex: For 26 people, order 13 foot long sandwiches. Ask that they cut each in half and wrap separately. Ask for must/mayo/salt/pepper on the side.</p>	<p>Subway 950E Vista Way. Ste F. Vista 760-726-2344</p>

	Ask for lettuce, bell peppers, onions, pickles included in sand. Cost of sandwiches = ~\$90 Bring a case of water bottles , several large bags of chips and a fruit platter (addtl cost ~\$30)	Must call at least 24 hrs in advance. 48 hrs are preferred
Costco Food Court or Rotisserie Chicken	<ul style="list-style-type: none"> <li>• <b>Pizza:</b> Costco pizzas are cut into 12 slices. Ask them to cut into 16 pieces because children are more likely to finish smaller pieces. Allow 2-3 slices per person.</li> <li>• <b>Hot Dogs:</b> \$1.50/ea.</li> <li>• <b>Rotisserie Chicken:</b> Found in the deli section, available in split halves ~\$5.99 per chicken. Allow 2 pieces of chicken for an adult serving.</li> <li>• <b>Side Salad:</b> Pre-bagged green salad, ready to assemble, plus salad dressing. Or add a fruit platter for a side.</li> <li>• <b>Dessert:</b> Tray of cookies or fresh fruit platter</li> </ul>	Costco 1755 Hacienda Drive, Vista. 760-631-7255 <i>***Costco doesn't allow pre-orders, so give yourself extra time to order and wait for the pizzas.</i>
Costco Party Platters	<ul style="list-style-type: none"> <li>• Croissant Sandwich Platter, \$32.99, feeds 20 (\$1.65/each)</li> <li>• Chicken and Swiss Rollers, \$32.99, feeds 24 (\$1.37/each)</li> <li>• Meat and Cheese Platter, \$26.99, feeds 20 (\$1.35/each)</li> </ul>	Fill out order form in advance at Costco to place order
L & L Hawaiian Barbeque	They provide large portions at a very reasonable price. Order at least 24-48 hours in advance. Let them know you are providing a meal for Operation Hope and the number of servings needed. They have a variety of party packs. Full tray feeds 30 people, Half tray feeds 15 people.	L&L Hawaiian Barbecue 4225 Oceanside Blvd #E 92056 Rancho Del Oro Ctr. (760) 726-0888
Oscar's Mexican Food	Chicken Enchiladas are an option and can be ordered the night before. Plan 2 enchiladas per person. For 30 people, order 60 enchiladas, cost is ~\$161. Order a tray of rice and beans as an additional side.	Oscars' Mexican 822 E Vista Way 760-945-3736 Ideally, order 24hrs in advance.
Taco Bell	<p><b>Main Dish:</b> Soft taco party pack = 12 tacos for \$14 Plan to order 3 tacos per person for a standard serving.</p> <p><b>Side Salad:</b> Pre-bagged green salad, ready to assemble, plus salad dressing. Alternatively, fruit platter.</p> <p><b>Desert:</b> Tray of cookies or fresh fruit platter</p>	Order online or call your nearest Taco Bell
Fresh Fruits Side Dish Option	Fresh whole fruits such as apples, bananas, oranges, grapes, or a deli-made fruit platter from the grocery store are great options.	Any Grocery Store & Costco
Dessert Options	Commercially made cookie trays, cupcakes, muffins.	Any Grocery Store & Costco
<a href="https://www.ezcater.com/">https://www.ezcater.com/</a>	<b>EzCater.com</b> Choose from a variety of fast food restaurants and order online. Choose the date, time and location of delivery. Easy!	Delivery fees apply

### Frequently Asked Questions:

**What is preferred, individually packaged meal or party platters?** Either option is greatly appreciated. The individually packed boxes that can be ordered from some restaurants is a great option. However, party platters are great too.

**How is the food served during Covid-19?** At things continue to change, please check with the Operation Hope staff on serving guidelines. During the height of the Covid Crisis, groups were not able to stay and meals were simply dropped off in the kitchen/dining room. As things have opened up, 2-4 volunteers have been asked to stay and serve the meal.

**Why does food have to be commercially prepared?** The California laws state that food must be made in a commercial kitchen to meet food and health safety standards. Examples: any restaurant, Costco, Winco Deli or any other Grocery Store Deli.

**Can food be cooked at home?** No, sorry, it must be cooked in a commercial kitchen as noted above.

**Should I bring drinks?** Yes, if possible, bring two (2) cases of water bottles and a gallon of milk.

**Should I bring dessert?** Cookies and dessert are always a nice treat. Two trays of cookies from Costco are always a favorite, or two large fruit trays for a healthier option.

**What time should dinner be delivered?** Arrive with food by 5:15pm (important!). The meal is served at 5:30pm. Check in at the front office, and you'll be directed to the kitchen. They have a cart to help you transport the food inside.

**What else does Operation Hope Need?** Monetary donations are always greatly appreciated and help keep the shelter open. There is also a great need for Clorox wipes, paper plates, napkins, cases of water bottles, individually wrapped chips and plasticware. Most of these items can be found at Costco.